THE CAMELFORD LIGHT

integrity • resilience • aspiration • community

Friday 6th October, 2026 | Issue 7

Small Actions, Big Difference



Over the half-term break, I went to the dentist for a routine check-up. Everything was going smoothly until I was asked what many people might consider to be one of life's most difficult questions: "Do you floss every day?" Suddenly, I found myself giving an answer that was perhaps a little less confident than I'd hoped!

In my head, I was busy listing all the reasons why I occasionally forget, while my dentist patiently explained that two minutes of flossing each day can have a huge impact over time.
It struck me that learning is often much the same.

This week, I had the pleasure of looking at writing in both Year 1 and Year 6. Seeing the difference between the two was remarkable. Year 1 pupils are working hard to form letters correctly, apply their phonics knowledge and write simple sentences. Meanwhile, our Year 6 pupils are producing thoughtful, sophisticated pieces full of creativity, technical accuracy and flair.
At first glance, that progress can seem extraordinary. But it hasn't happened overnight. It is the result of thousands of small actions repeated consistently over many years. Every phonics lesson, every spellings practice, every sentence written, every piece of feedback acted upon and every book read has contributed to that journey.
We often celebrate the big milestones, and rightly so. However, it is important to remember that those milestones are built on countless small steps. Just as healthy teeth are the result of daily habits rather than one perfect visit to the dentist, successful learning comes from showing up each day and doing the little things well.
Whether we are learning to write, learning an instrument, improving at sport or even remembering to floss, the principle remains the same: small actions, repeated consistently, create extraordinary outcomes. The real magic is not in one big moment, but in the steady accumulation of effort over time.

Dates for Your Diary

- 11.11.26 Remembrance Day
- 13.11.26 Children In Need
- 16.1.26 Odd Socks Day
- 18.11.26: Individual photos

Spotlight on... Lundy

This week in PE, Year 3 have started our football unit and have been learning how to pass the ball using the inside of their foot. We focused on keeping the ball under control, being aware of space, and communicating with teammates before making a pass. Our more experienced footballers extended their skills by practising how to intercept passes while maintaining possession and keeping the ball moving effectively. I was incredibly impressed with the attitude of all the children. While football is a favourite sport for some and less of an interest to others, every child joined in with enthusiasm, showed great determination, and most importantly, had smiles on their faces while giving their best effort.



Here's the clue for Monday. What music do you think you'll hear?

I was known as The King, loved singing about blue suede shoes, and became one of the most famous rock and roll stars of all time. Who am I?

Privacy Notice

To help families understand how personal information is handled, our Trust Privacy Notice explains what data we hold, why we need it, and how we keep it secure. It also provides details of your data protection rights and who to contact for further information. Read more here: Privacy Notice



Parking



We kindly ask parents and carers not to use the ARB car park at drop-off and pick-up times unless they have been given permission to do so.

These spaces are reserved for children and families who require wheelchair access or have additional mobility needs. Having a parking space close to the entrance helps ensure they can make a safe, comfortable and dignified journey into school.

When the car park is full, it can be very difficult for these families to access the building, particularly at busy times of day. We would be very grateful for your support in keeping these spaces available for those who need them most. Thank you for your understanding and cooperation.

Anti-Bullying Week

On Monday 16th November, we will be taking part in Odd Socks Day to celebrate Anti-Bullying Week. Children are invited to come to school wearing their odd socks to celebrate what makes us all unique.
Children should wear their normal school uniform, along with their odd socks.
We look forward to seeing everyone's colourful and creative sock combinations!
Thank you for your support.



Can You Help Us Hear Children Read?

We're looking for parents, grandparents and family members who might have a little time to spare to come into school and help hear our children read.
It's a lovely way to support the children's confidence and reading skills, and even a small amount of time can make a big difference. No previous experience is needed — just a willingness to listen and encourage!
For safeguarding purposes, all volunteers will need to complete a DBS check before volunteering in school.
If you think you could help, please speak to the school office or let your child's teacher know. We'd love to hear from you!

Camelford Community Primary School

Safeguarding — keeping every child safe

Safeguarding is everyone's responsibility. If you have a concern about a child's welfare or safety — however small it may seem — please speak to a member of our safeguarding team straight away. **You do not need to be certain, just concerned.**

Our Designated Safeguarding Lead



Mrs Stringer

Deputy Headteacher

Designated Safeguarding Lead (DSL)

InMrsStringer'sabsence,pleasespeaktooneof the team below.

Our Wider Safeguarding Team



Mrs Cannon

Headteacher
Deputy Designated Safeguarding Lead



Mrs Nayeb

Pastoral Support
Safeguarding Level 3 trained

Every member of staff is part of our safeguarding team. Children and families can talk to any adult at Camelford Community Primary School — a teacher, teaching assistant, lunchtime supervisor, or office staff. If you're not sure who to ask, or your first choice isn't around, just speak to whoever is nearest. They will listen, take it seriously, and know exactly what to do next.

Contact the School

Address: Station Road, Camelford, Cornwall, PL32 9UE

Telephone:01840 212376

Email: dsl@camelford.cornwall.sch.uk

Worried about a child outside school?

Cornwall MARU:0300 123 1116

Email: multiagencyreferralunit@cornwall.gov.uk

Out of hours:01208 251300

If a child is in immediate danger, always call 999.

Keeping children safe is everyone's responsibility

Christmas Dates

MORE INFORMATION TO COME

Christmas Fair
Wednesday
2nd December

Christmas Shop
7th - 17th December

Christmas Lunch
Wednesday
9th December

Wear your xmas jumper

Christmas Jumper Day
Thursday
10th December

Wear your xmas jumper

Reception, Y1 and Y2 Nativity	Year 3 Christmas Play	Year 4 Lanteglos Community Carols	Year 5/6 Carols at the Bandstand
Tuesday 8th December 9.30am & 2pm	Monday 14th December	Wednesday 16th December	Friday 11th December



Staff Spotlight



The people at Camelford are a huge part of what makes us so special. That's why we want to help you get to know our staff in our new weekly column: Staff Spotlight

This week the spotlight shines on....Miss Northey

Name and role	Rebekah Northey SEN TA
How long have you been at Camelford?	Almost 6 years
What do you love most about your job?	It keeps me on my toes! Every day is different.
What's a favourite book from your own childhood?	Peter Rabbit
Do you have a pet?	Two rabbits- Suki and Tilly who are currently digging a tunnel under my garden!
What's your favourite place in Cornwall and why?	Pentewan beach - I love looking for sea glass!
What was your favourite subject at school — and your least favourite?	Favourite: catering. Least favourite: English
What's your favourite school dinner (or the pudding you'd never share)?	Roast turkey on Christmas dinner day!
What do you like doing when you're not at school?	Cooking or baking
What are you most looking forward to this year?	Christmas, I love Christmas!

Tea or coffee? TEA	Beach or moor? BEACH	Sweet or savoury? SAVOURY	Early bird or night owl? NIGHT OWL	Marmite: yes or no? YES, YES, YES!

CAMELFORD
COMMUNITY PRIMARY SCHOOL

The Friends of Camelford (FOCS)

Stronger Together for Our Children

Our School ♥ Our Community ♥ Brighter Futures

WE NEED YOU!

The Friends of Camelford (FOCS) is our school's parent and carer support group. We help out at school events, raise valuable funds for the school and bring our community together. **And we'd love you to join us!**



Friendly Group

Meet other parents and be part of a welcoming team.



Raise Funds

Help us raise money to provide extra resources, equipment and special projects for our children.



Support Events

Help out at fun school events like fairs, discos, festive activities and more!



Make a Difference

Your time, ideas and enthusiasm help enrich school life for all our children.

GET INVOLVED!

Many hands make a huge difference! ♥

A little time goes a long way!

Great Children ★ Great School ★ Great Community ★ Brighter Futures

Together we can do amazing things! ♥

CAMELFORD PRIMARY SCHOOL

SAFE INCLUSIVE TOGETHER

At CAMELFORD PRIMARY SCHOOL we are ALLERGEN AWARE

We are committed to creating a safe and inclusive environment for all our pupils.

Allergies can be serious.

Even a tiny amount of an allergen can cause a severe reaction.



WE ALL HAVE A ROLE TO PLAY



CHECK

Always check labels of packed foods for allergens.



THINK

Choose alternatives that are safe for everyone.



LET US KNOW

Inform the school of any allergies or changes.



BE KIND

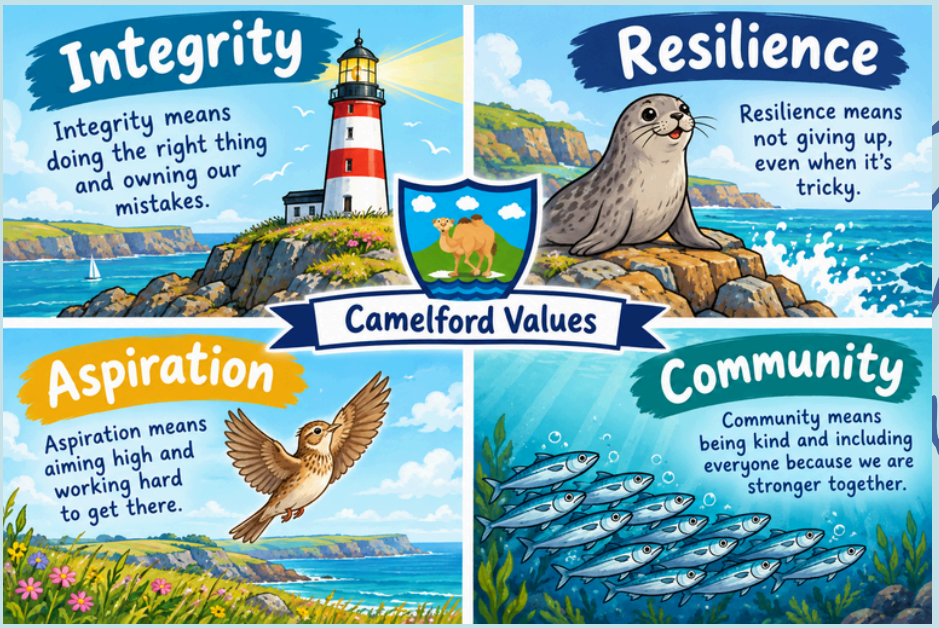
Show respect and understanding. We're in this together.

Thank you for helping us keep our school a safe place for every child to learn and thrive.

Care • Respect • Responsibility

TOGETHER, WE MAKE A DIFFERENCE.

This poster has been created in line with Benedict's Law.
It does not list specific allergens to reduce the risk of identifying pupils with allergies.



Our School Values

We are continuing to focus on our school values this term and have begun looking at:



Our friend who helps us learn about resilience is Rory, the grey seal.

Help and Advice
from the School Nurse

There is now a **new way** to contact Health Visitors and School Nurses, with three advice lines as follows:



Young people aged 11–19

07312 263 096



Parents/carers of children aged 0–5

07312 263 423



Parents/carers of children and young people aged 5–19

07312 263 499

Message us for **confidential help and advice** about a range of health concerns, including:

- Sleep
- Child development
- Support with behaviour
- Toileting
- Feeding and nutrition
- Keeping safe and healthy
- Childhood illnesses and support with medical conditions at school
- Emotional, mental health and wellbeing
- Relationships
- Smoking and vaping
- Drugs and alcohol

The messaging service is available **Monday to Friday** (excluding bank holidays) from **9am to 5pm.**

When you send a message, you'll receive an **automated reply** to confirm we've received it.

A trained healthcare professional will reply to your message during office hours **within 48 hours.**

You can send a message, **anonymously** if you wish.

We're here to help!

Supporting children and young people to be healthy, happy and safe.

BLACK BELT READER

READ TODAY. A BRIGHTER TOMORROW.

PRACTICE GROWS PROGRESS PROGRESS BUILDS READERS!



In martial arts, someone becomes a black belt through years of practice, discipline and commitment, not simply natural talent.

They move through White Belt, Yellow Belt and beyond, all the way to Black Belt, by showing up again and again and getting better over time.

HOW IT WORKS

Black Belt Reader (formerly Sparx Primary Reader) borrows that structure. Each belt is represented by a physical bookmark, so the journey is something a child can hold, carry in their book, and fill with stickers.

Build your reading strength one belt at a time!





Every time you move up a belt, you'll receive a **GOLDEN TICKET!**

This puts you in the draw to take home the 'Reading Bag" for the week.



A JOURNEY TO BE PROUD OF

The programme is designed to build steadily across Key Stage 2, so a child in Year 6 can look back at real evidence of the reader they've become.

Let's keep reading, keep progressing and see how far you can go!



Children in Need - Friday 13th November

This year, we will be supporting Children in Need by taking part in our Big 26 Coin Challenge.

To link with this year's challenge theme, we are going to work together as a school to create a giant "26" using donated coins. We are asking children to bring in any spare coins they would like to donate, such as 1p, 2p, 5p, 10p, 20p or 50p coins.
On Friday 13th November, the children will work together to arrange the coins into a huge "26", helping us to raise money for a fantastic cause while taking part in a fun whole-school challenge.
Please send any coin donations into school on Friday 13th November.

Thank you for your support and generosity.



Longest Bottle Line Competition

To support this year's Christmas Fayre, we are asking for donations of bottles for our popular Tombola stall.



Every bottle donated will earn one raffle ticket, giving you an extra chance to win a prize. As an added incentive, the class that creates the longest line of bottles will also win a special prize!

We should warn you that some of our teachers are very competitive (we're looking at you, Mrs Trudgeon!), so please do all you can to help your class claim the title of longest bottle line champion!

Thank you for your continued support. We really appreciate it, and every donation helps make our Christmas Fayre a success. Please bring donations in to school anytime up until Friday 27th November.



Singing Assembly

It's a new half term, which means it's time for some new songs!

Over the next few weeks, we'll be having lots of fun learning these songs in school. You're very welcome to practise them at home too... whether that's once, twice, or over and over and over again!

We can't wait to hear everyone singing along with confidence and enthusiasm.

Livin on a Prayer
Get Back up Again
I'm Still Standing
Must be Santa

Halloween Disco

Thank you to everyone who was able to join us at our Halloween Disco last half term. We had a fantastic time boogieing the night away, and the costumes were absolutely amazing! There were so many creative outfits that it was often difficult to tell who was who.

A huge thank you also goes to our wonderful parent volunteers, whose help and support made the event such a success. Events like these not only create lasting memories for our children but also play an important role in raising valuable funds for the school. The money raised helps us provide extra-special opportunities and experiences for all of our children throughout the year.

Thank you for your continued support of our school community.











Praise Assembly Winners

Integrity	Resilience	Aspiration	Community
	